



toast by the coast

## TAKE AWAY MENU

To order telephone: 01273 455515

Toast by the Coast  
8-10 East Street  
Shoreham-by-Sea  
West Sussex  
BN43 5ZE

**T:** 01273 455515

**E:** [info@toastbythecoast.co.uk](mailto:info@toastbythecoast.co.uk)

**W:** [www.toastbythecoast.co.uk](http://www.toastbythecoast.co.uk)

## Sandwiches/Paninis/Toasties

We offer white, granary and gluten free bread, bagels and paninis (Paninis and toasties 25p extra supplement)

### Meat Options

Sussex Ham, Cheddar & Sussex Pickle	£3.25
Sussex Ham with Salad	£3.25
Sussex Ham with Mustard	£3.25
Roast Beef with Salad	£3.25
Roast Beef with Beetroot & Horseradish Pickle	£3.25
Turkey with Salad	£3.25
Turkey with Coleslaw Turkey with Cranberry	£3.25
Turkey Club (with Bacon, Lettuce, Tomato & Mayo)	£3.95
Chicken with Salad	£3.45
Chicken with Coleslaw	£3.45
Chicken with Pesto	£3.45
Chicken with Avocado	£3.95
Chicken with Mango Chutney	£3.45
Chicken Club (with Bacon, Lettuce, Tomato & Mayo)	£3.95
Bacon	£3.25
Bacon, Lettuce & Tomato	£3.25
Bacon & Brie	£3.45
Bacon & Avocado	£3.95
Breakfast (Bacon, Sausage & Egg Mayo)	£3.95
Sausage	£3.25
Chorizo with Salad	£3.45
Spanish Special (Chorizo, Manchego Cheese & Olives)	£3.95

### Vegetarian Options

Egg Mayonnaise with Salad	£3.05
Egg Mayonnaise with Tomato	£3.05
Cheddar Cheese with Salad	£3.05
Cheddar Cheese with Sussex Pickle	£3.05
Brie with Cranberry Sauce	£3.25
Brie with Grape	£3.25
Goats Cheese with Red Onion Marmalade	£3.45
Houmous & Roasted Vegetables	£3.45
Houmous & Sun-blushed Tomatoes	£3.45
Roasted Vegetables	£3.45
with choice of Houmous or Cream Cheese	£3.45
Avocado & Tomato	£3.25
Tomato, Basil & Mozzarella	£3.25
Scrumpy Sussex Cheese with Salad	£3.45
(Cheddar style cheese with garlic, cider & herbs)	
Manchego Cheese with Olives	£3.45
Stilton & Apple	£3.45
Mediterranean Meze	£3.45
(Olives, Sun-blush Tomato & Red Peppers stuffed with cheese)	

### Fish Options

Crayfish, Rocket & Lemon Mayonnaise	£3.95
Smoked Salmon & Cream Cheese	£3.95
Smoked Salmon with Salad	£3.95
Tuna Mayonnaise & Cucumber	£3.25

### Toasties & Paninis ideas:

Sussex ham & cheddar cheese	£3.50
Sussex ham, cheese & onion	£3.50
Cheese & tomato	£3.50
Bacon & brie	£3.70
Bacon, cheddar & tomato	£3.70
Brie & Cranberry	£3.50
Mozzarella, tomato & basil	£3.50
Stilton & apple	£3.70
Stilton & tomato	£3.70
Goats cheese with red onion marmalade	£3.70
Tuna & cheese	£3.50

Any extra fillings will be charged from 50p

### Salad Options

Choices served with ½ multi grain baguette	£4.50
Smoked Salmon (£1.00 supplement)	
Tuna	
Beef	
Ham	
Med Mezze (olives, sun blush tomatoes and pepper bells filled with feta cheese)	

### Hot Food

Home-Made Soup of the Day	£4.00
(served with ½ Baguette)	
Jacket Potato	£2.00
Jacket Potato with choice of fillings	£4.85
Tuna Mayo, cheese, colesaw, baked beans.	
Crayfish mayo (£1.25 supplement),	
Bacon & Cheese (£1 supplement),	
Sausage & Beans (£1 supplement)	
served with salad & colesaw	
Quiche with salad & colesaw	£5.50

### Sweet Treats

Traybakes (phone for daily options)	£2.00
Cakes per slice (phone for daily options)	£2.00
Home-made Cookies	90p
(Spicy Oat & Fruit or Chocolate Chip)	
Crisps	£1.00
(Sea Salt, Sea Salt & Vinegar, Caramelized Onion & Cheddar, Sweet Red Chili)	

Orders over 5 rounds of sandwiches. Please order before 12 noon.