



toast by the coast

take away menu

Shoreham-by-Sea Delicatessen &
Café serving local produce in a
friendly, welcoming environment

Hours
Monday-Saturday 0800-1700

Telephone orders before 11am
and we will have them ready for
lunchtime collection
07798 838251

NOW OFFERING FREE DELIVERY TO
LOCAL SHOREHAM BUSINESS PARKS
ASK FOR DETAILS



toast by the coast

8-10 East Street
Shoreham by Sea
West Sussex
BN43 5ZE

Tel: 01273 455515
Email: info@toastbythecoast.com
www.toastbythecoast.com

Hire our upstairs room for meetings or
team lunches.

Toast by the Coast is also available for
private hire on evenings and Sundays.

Seats 20 people
Minimum Spend Required
Ask for more details.

Check out our website for special
offers and weekly specials.
www.toastbythecoast.com

Lunch Platters available for Business
Meetings
Prices from £3.50 per head
Menus available on request or from
our website:
www.toastbythecoast.com

We accept cash, cheques and all major
debit and credit cards.
Minimum payment is £5.00 for cards.

VI.7— Jan 11

SANDWICHES

Sandwiches can be made using freshly baked white or granary bread and we also have multigrain baguettes and tortilla wraps.

Vegetarian	
Egg Mayonnaise with salad	£2.50
Egg & Tomato	£2.50
Cheddar Cheese & Sussex Ploughman's Pickle	£2.50
Cheddar Cheese & Tomato	£2.50
Cheddar Cheese Salad	£2.50
Brie with Whole Cranberry Sauce	£2.80
Brie with Grape	£2.80
Goats Cheese & Salad	£2.80
Goats Cheese & Caramelised Onion Relish	
Houmous & Roasted Vegetables	£2.80
Houmous & Sun-blushed tomatoes	£2.80
Roasted Vegetable & Cream Cheese	£2.80
Avocado & Tomato	£2.80
Tomato, Basil & Mozzarella	£3.00
Scrumpy Sussex Cheese Salad	£3.00
Manchego Cheese with Olives	£3.20
Stilton & Apple	£3.20
Mediterranean Meze (Sun-blush Tomato, Olive, Pepper & Feta)	£3.20
Meat Options	
Sussex Gammon, Cheddar & Sussex Ploughman's Pickle	£2.80
Sussex Gammon with Sussex Beer Mustard	£2.80
Sussex Gammon & Salad	£2.80
Roast Beef with Salad & Beetroot & Horseradish Pickle	£2.80
Roast Beef with Salad	£2.80
Turkey & Coleslaw	£2.80
Turkey with Salad & Whole Cranberry Sauce	£2.80
Turkey with Salad	£2.80
Turkey Club (with bacon, lettuce, tomato & mayo)	£3.40
Chicken with Luxury Mango Chutney	£2.80
Chicken with Salad	£2.80
Chicken with Coleslaw	£2.80
Chicken & Avocado	£3.00
Chicken Club (with bacon, lettuce, tomato & mayo)	£3.40
Chicken with Pesto	£3.00
Bacon	£3.10
Bacon, Sausage & Egg Mayo (served cold)	£3.30
Bacon, Lettuce & Tomato	£3.10
Bacon & Brie	£3.30
Chorizo & Salad	£3.20
Spanish Special (Chorizo, Manchego Cheese, Olives)	£3.40
Salami & Salad	£3.20
Sausage	£3.10
Sausage & Hot Onion Relish	£3.10

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SANDWICHES

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Fish	
Tuna Mayonnaise & Cucumber	£2.80
Tuna Mayonnaise & Salad	£2.80
Crayfish, Rocket & Lemon Mayonnaise	£3.00
Smoked Salmon & Cream Cheese	£3.40
Smoked Salmon Salad	£3.40
LUNCH SPECIALS	
Soup of the day <small>Served with crusty bread</small>	£3.80
Salad Bowl of the day <small>Or choose from Gammon, Turkey, Chicken, Tuna, Mediterranean Meze, Greek, Cheddar or Brie. Served with 1/2 baguette</small>	£4.00
Quiche/Tart/Pie of the day <small>Served with salad garnish</small>	£4.10
Hot Meal of the day	£5.20
EXTRA TREATS	
Tray bakes (Flapjack, Rocky Road, Millionaire Shortbread or Caramel Crispy)	£1.50
Home-made Cookies (Chocolate Chip or Oat & Fruit)	60p
Muffin (Lemon or Breakfast (banana, nut & seed))	£1.70
Prosperity Chocolate Brownie	£1.70
Sponge Cakes	£2.10
Crisps (Salt & Cracked Pepper, Cheddar & Onion or Sweet Chilli)	£1.00
Vegetable Crisps	£1.10
Fresh Fruit Salad	£2.50
SOFT DRINKS	
Still or Sparkling Water	£1.00
Fizzy Drinks (Coke, Diet Coke, Coke Zero, 7 Up)	£1.35
Ringden Apple Juice (Apple, Pear & Apple, Apple & Mango, Apple & Ginger, Apple & Blackcurrant)	£1.55
Belvoir Organic Fruit Presse (Ginger Beer, Lemonade, Elderflower, Lime & Lemongrass)	£1.70
Fruit Smoothies (Fairtrade) (Mango & Orange, Pineapple & Passionfruit, Apple & Blackcurrant)	£2.10

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MEAL DEALS

1	Small Soup or Fresh Fruit Salad 1/2 Sandwich Fizzy Drink of your choice	£4.50
2	Sandwich of your choice Crisps (Choose from Salt & Cracked Pepper, Mature Cheddar & Onion, Sweet Chilli) Fizzy Drink of your choice	£5.00
3	Sandwich of your choice Crisps (Choose from Salt & Cracked Pepper, Mature Cheddar & Onion, Sweet Chilli) Traybake (Choose from Millionaires Shortbread, Rocky Road, Flapjack or Caramel Crispie) Fizzy Drink of your choice	£6.00
4	Salad Bowl or Quiche Fruit Juice or Presse Fruit Salad	£7.00

BUSINESS MEETING SELECTION

All delivered & served on platters.

Price per head*

Sandwich Selection

Selection of our most popular sandwiches
Please state vegetarian requirements when ordering

£3.50

Lunch Selection

Selection of our most popular sandwiches
Mini tartlets or Quiche
Sussex Sausages with local pickle

£4.50

The Works

Quiche and tartlet selection
Sandwich selection
Olive & Meze selection
Salad selection
Sussex Sausages with local pickle
Sussex cheese & biscuit selection

£7.50

*Business lunch prices are exclusive of VAT

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